











K118 WEEKLY LUNCH MENU






MONDAY

-  Potato wedges
-  Pearl Barley
-  Mixed salad
- Bean soup
- Sausages or fish
-  Courgette pancake
- Curd snack
-  Pudding

TUESDAY

-  Mashed potatoes
-  Rice
-  Mixed salad
- Turkey fillet
-  Bean casserole
-  Mixed fruit






WEDNESDAY

-  Buckwheat or couscous
-  Mushroom cream soup
-  Veggie mix
- Chicken gyros
-  Veggie pancakes
- Pastry
-  Fruit or nut bar

THURSDAY

-  Bulgur
-  Gluten-free pasta
-  Mixed salad
- Chicken fillets
- Pumpkin - pea casserole
-  Veggie meatballs
-  Fruit selection

FRIDAY

-  Pasta
 -  Potatoes
 -  Mixed salad
 - Meatball soup
 - Pork fillet
 - Plov
 -  Tortilla
 -  Yogurt
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