











K118 WEEKLY LUNCH MENU

MONDAY

-  Potatoes wedges
-  Buckwheat
-  Mixed salad
- Chicken noodle soup
-  Carrot pancakes
- Chicken giros
- Curd snack
-  Nut or fruit bar








TUESDAY






-  Rice
-  Bulgur
-  Mixed salad
- Chicken fillet
- Grilled chicken
-  Veggie casserole
-  Mixed fruit



WEDNESDAY






-  Pearl Barley
-  Potatoes
-  Veggie soup
- Meatloaf
-  Pancakes
- Pastry
-  Fruit or nut bar

THURSDAY

-  Mashed potatoes
-  Quinoa
-  Mixed salad
- Fish fillet
- Pork fry up
-  Chickpeas with eggplant stew
-  Fruit selection



FRIDAY

-  Pasta
-  Gluten Free pasta
-  Mixed salad
- Solyanka
- Pork sausages
- Turkey fillet
-  Quesadilla
-  Yogurt