






WEEKLY LUNCH MENU






MONDAY

-  Potatoes wedges
-  Buckwheat
-  Mixed salad
- Chicken noodle soup
- Chicken bites
-  Carrot pancakes
- Curd snack
-  Nut or fruit bar






TUESDAY

-  Bulgur
-  Rice
-  Mixed salad
- Chicken fillet
-  Vegetable casserole
-  Mixed fruit





WEDNESDAY

-  Baked potatoes
-  Mushroom soup
-  Veggie mix
- Meatloaf
-  Pancakes
- Pastry
-  Fruit or nut bar

THURSDAY

-  Quinoa
-  Bulgur
-  Mashed potatoes
- Sauteed pork
- Fish fillet
-  Chickpea casserole
-  Fruit selection

FRIDAY

- Solyanka
 -  Gluten-free pasta
 -  Mixed salad
 - Sausages
 -  Quesadilla
 -  Fruit and berry cream
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