

Reviewed and Approved - 01.04..2022

ISR COVID-19 Safety Guidelines

(*Will change depending on current situation.)

This document is based on the recommendation published by the Latvian Ministry of Sciences and Education and the Latvian Prime Minister Cabinet.

Current Learning Model: Model A - FACE-TO-FACE LEARNING

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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Access				
All ISR stakeholders (parents/guardians/staff) have read and understood ISR Covid-19 Safety Guidelines	✓	✓	1	1
Parents/guardians and students (if 18 y.o) are required to complete the ISR Coronavirus Declaration form when starting studies at the school	✓	✓	1	1
If allowed on campus visitors required to complete the ISR Coronavirus Declaration form	√	✓	✓	1
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures	√	1	✓	1
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	N/A	N/A	N/A
Parents/guardians are allowed on campus (outdoor) without restrictions				
Parents/guardians are allowed on campus (outdoor), respecting the COVID-19 preventative measures	√	✓	✓	1
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓	✓	1	1
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	N/A	N/A	N/A



Parents/guardians are allowed on campus (indoor) without restrictions				
Parents/guardians are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓	✓	✓	1
Parents/guardians allowed on campus (indoor/outdoor) with school's prior permission respecting the COVID-19 preventative measures	1	1	✓	1
If allowed on campus, visitors (including parents/guardians) must fill the ISR building entry register upon arrival				
Temperature is checked at home before coming to school and must not exceed 37.5C				
Temperature checked upon arrival at school (by the school nurse or designated staff member) and must not exceed 37.5C.	✓	✓	✓	1
Compulsory quarantine and/or self-isolation period for anyone being COVID-19 positive as deemed by the Latvian Authorities https://covid19.gov.lv/en	✓	✓	✓	1
Compulsory quarantine and/or self-isolation period for anyone arriving from a high-risk area, as deemed by the Latvian Authorities https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0				



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Hygiene				
Hand washing/sanitation recommendations explained to and implemented by students (upon arrival, before and after breaks/lunch, after visiting the toilet)	✓	✓	✓	✓
Hand washing/sanitation implemented by ISR staff members and visitors	1	1	1	1
Limited sharing of school items				
Toys from home not permitted				
School premises and equipment cleaned, disinfected and ventilated following the Latvian Authorities' recommendations	√	✓	✓	✓
Sanitation provided by ISR	✓	✓	✓	✓
Students wear inside shoes when indoors.	1	1	1	✓
Staff members on campus wear inside shoes.	√	1	√	1



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Face Masks				
Face masks required to be worn on campus for parents, guardians and visitors				
Face masks required to be worn on public transport - to and from school for students				
Face masks required to be worn on public transport - to and from school for staff members				
Face masks required for staff members indoors during the school day				
Face masks required for staff members outdoors				
Face masks required for staff members during meetings not involving students/parents if vaccinated				
Face masks required indoors for students				
Face masks required outdoors for students				
Face masks required indoor during consultation for students	N/A	N/A	N/A	N/A
Face masks required on the school bus (when mixed grades)				



Face masks required for staff members and students when on field trips happening outdoors		
Face masks required for staff members and students when on field trips happening indoors		

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Distancing				
No distancing measures applied on campus	√	✓	✓	✓
Classes and/or groups kept separated from each other				
Students kept separated from each other when on consultation	N/A	N/A	N/A	N/A
Staggered break times				
Lunch in the classrooms or outdoors	1	✓		
Staggered drop off and pick up times keeping the classes separated from each other				
Smaller student assemblies by class	✓	✓	✓	✓
Large group student assemblies that include more than one grade level allowed	1	✓	√	/



Staff members respect physical distancing between each other		
Parents/guardians respect the 2 meter distancing preventive measure when on campus (outdoor and indoor)		
No crowding allowed in building common areas, staircases, locker areas and on and around campus		

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Facilities				
Coronavirus information posters hung around campus				
Social distancing lines on floor at entry points				
Directional posters in hallways and staircases				
Limited number of students allowed in bathrooms following a schedule (if possible)				
Different entrances/exits for grade levels (as needed to avoid classes having contact with each other)				



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Food				
Lunch eaten in classroom or outdoors	1	✓		
Lunch eaten in cafeteria			✓	✓
Snacks brought from home	1	✓	✓	✓
Lunch brought from home - or food provided by ISR	1	✓	✓	✓
Snacks and lunch to be brought in from home - no food provided by ISR				



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Playgrounds				
Playground split into zones to avoid contact between the classes				
Staggered recess times				
Students must social distance on the playground				
Normal playtime	✓	✓	1	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Classrooms				
Unmodified face-to-face learning for each class	✓	1	✓	✓
Restriction on number of students in each room (3m²/student)				
One student and 1 teacher per room during consultation	N/A	N/A	N/A	N/A
Students staying in one room with teachers moving between classrooms				



Social distancing between students from the same class in the classroom (as much as possible)				
Social distancing between staff members (as much as possible)				
Social distancing (2 meters) between staff members and students (as much as possible)				
Social distancing (2 meters) between staff members and students during consultation	N/A	N/A	N/A	N/A
"Outdoor Classes" allowed respecting the safety requirements	1	1	1	√

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
High Risk Individual (Healthwise)				
As per local guidelines, individuals who fall into the high-risk categories are strongly recommended to stay home.				



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
After School Activities & Sport Events *respecting the covid-19 safety measures				
Unmodified After School Activities	✓	✓	1	✓
Outdoor After School Activities may take place when led by an ISR staff member *	1	✓	1	✓
Outdoor After School Activities may take place when led by an outside provider with a valid covid-19 certificate *	√	✓	1	✓
Outdoor After School Activities for mixed classes may take place when led by an ISR staff member *	✓	✓	1	✓
Outdoor After School Activities for mixed classes may take place when led by an outside provider with a valid covid-19 certificate *	✓	1	1	✓
Indoor After School Activities may take place when led by an ISR staff member *	1	✓	1	✓
Indoor After School Activities may take place when led by an outside provider with a valid covid-19 certificate *	1	✓	1	✓
Indoor After School Activities for mixed classes may take place when lead by an ISR staff member *	1	✓	1	✓



Indoor After School Activities for mixed classes may take place when lead by an outside provider with a valid covid-19 certificate *	✓	✓	✓	✓
Outdoor and indoor After School Sport Training for mixed classes may take place when lead by an ISR staff member *	√	1	✓	1
Outdoor and indoor After School Sport Training for mixed classes may take place when lead by an outside provider with a valid covid-19 certificate *	√	1	✓	1
Competitive inter-school athletic sports competitions take place *	1	1	√	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Field Trips - all trips will be subject to Risk Assess	ment Evaluation	as part of the	planning proces	ss.
One day field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	1	1	✓	✓
One day field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	1	1	1	1



Overnight field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	1	1	1	1
Overnight field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	1	✓	1	✓
International field trips allowed (other than Lithuania and Estonia) respecting the COVID-19 preventive measures and the ISR field trip planning instructions	1	1	1	1
Face masks required for staff members and students when on field trips happening indoors				
Masks required for staff members and students when on field trips happening outdoors				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Events				
Events involving one class and staff members allowed	✓	✓	✓	✓
Events involving several classes and staff members allowed with conditions	√	✓	✓	1



Events involving one class, staff members and parents allowed	√	✓	√	1
Events involving several classes, staff members and parents allowed with conditions	✓	1	✓	/
Events involving visitors allowed (after approval by the School Director, the School Vice Director, Child Protection Officer and respecting the COVID-19 safety Measures)	✓	1	✓	1

COVID-19 Safety Guidelines* *Will change depending on the current situation. ** Applies only to G6, G7 and G8 learning online.	Early Years	Primary	Middle School	High School
Communication				
COVID-19 recommendations communicated and explained to students	1	\	✓	1
COVID-19 recommendations communicated and explained to staff members	√	\	✓	/
COVID-19 recommendations communicated and explained to parents/guardians	√	√	✓	✓