



Meat option

24.01. Meatless Monday	Allergens
Cheese rissole	1,3,7,10
Mashed potatoes	7
Grilled vegetables	
Mayonnaise and sour cream sauce with garlic	10,3,7
Beet salad with oil dressing	
Rye bread / wheat bread	1
Muesli bar	1
Banana	

25.01. Tuesday	Allergens
Chicken fillet chop	1,3
Pasta	
Mayonnaise and tomato sauce	10,3,7
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Assorted fruits	

26.01. Wednesday	Allergens
Beef rissole	1,3
Buckwheat	
Tomato sauce	
Young cabbage and cucumber salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	

27.01. Thursday	Allergens
Turkey pieces in sweet and sour marinade	1
Rice	
Herb sauce with sour cream	7
Fresh cucumbers	
Rye bread / sweet and sour bread	1
Rhubarb and strawberry cake	1,3,7

28.01. Friday	Allergens
Chicken fillet shashlik	
Fried potato wedges	
Tomato sauce	
Tomatoes	
Rye bread / sweet and sour bread	1
Coconut milk cream with berry sauce	



Lactose-free

24.01. Meatless Monday	Allergens
Pea scone with sesame and garam masala	5,8,9,11
Baked mini potatoes with rosemary and garlic	
Grilled vegetables	
Tomato sauce	
Beet salad with oil dressing	
Rye bread / wheat bread	1
Muesli bar	1
Banana	

25.01. Tuesday	Allergens
Chicken fillet chop	1,3
Pasta	
Tomato sauce	
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Assorted fruits	

26.01. Wednesday	Allergens
Beef rissole	1,3
Buckwheat	
Tomato sauce	
Young cabbage and cucumber salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	

27.01. Thursday	Allergens
Turkey pieces in sweet and sour marinade	1
Rice	
Tomato salsa	
Fresh cucumbers	
Rye bread / sweet and sour bread	1
Vegan cashew and date cake	

28.01. Friday	Allergens
Chicken fillet shashlik	
Fried potato wedges	
Tomato sauce	
Tomatoes	
Rye bread / sweet and sour bread	1
Coconut milk cream with berry sauce	



Vegan

24.01. Meatless Monday	Allergens
Pea scone with sesame and garam masala	5,8,9,11
Baked mini potatoes with rosemary and garlic	
Grilled vegetables	
Tomato sauce	
Beet salad with oil dressing	
Rye bread / wheat bread	1
Gluten-free bar	
Banana	

25.01. Tuesday	Allergens
Turkish pea and tomato tagine	9
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Assorted fruits	

26.01. Wednesday	Allergens
Cauliflower rissole	1
Buckwheat	
Tomato sauce	
Young cabbage and cucumber salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	

27.01. Thursday	Allergens
Eggplant filled with vegetable salsa	
Rice	
Tomato salsa	
Fresh cucumbers	
Rye bread / sweet and sour bread	1
Vegan cashew and date cake	

28.01. Friday	Allergens
Spicy vegan springrolls	
Fried potato wedges	
Tomato sauce	
Tomatoes	
Rye bread / sweet and sour bread	1
Coconut milk cream with berry sauce	



Gluten-free

24.01. Meatless Monday Allergens

Pea scone with sesame and garam masala 5,8,9,11
Baked mini potatoes with rosemary and garlic
Grilled vegetables
Tomato sauce
Beet salad with oil dressing
Gluten-free bread
Gluten-free bar
Banana

25.01. Tuesday Allergens

Grilled chicken fillet
Gluten-free pasta
Tomato sauce
Fresh bell pepper
Assorted fruits
Gluten-free bread

26.01. Wednesday Allergens

Beef rissole (gluten-free) 3
Buckwheat
Tomato sauce
Young cabbage and cucumber salad with oil dressing
Gluten-free bread
Peach, kiwi and strawberry cocktail

27.01. Thursday Allergens

Turkey pieces in sweet and sour marinade
Rice
Tomato salsa
Fresh cucumbers
Gluten-free bread
Vegan cashew and date cake

28.01. Friday Allergens

Chicken fillet shashlik
Fried potato wedges
Tomato sauce
Tomatoes
Gluten-free bread
Coconut milk cream with berry sauce