



INTERNATIONAL SCHOOL OF RIGA

Reviewed and Approved - 22.10.2021

ISR COVID-19 Safety Guidelines

(*Will change depending on current situation.)

This document is based on the recommendation published by the Latvian Ministry of Sciences and Education and the Latvian Prime Minister Cabinet on October 21st, 2021.

Current Learning Model: Model A - FACE-TO-FACE LEARNING

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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Access				
All ISR stakeholders (parents/guardians/staff) have read and understood ISR Covid-19 Safety Guidelines	✓	✓	✓	✓
Parents/guardians and students (if 18 y.o) are required to complete the ISR Coronavirus Declaration form when starting studies at the school	✓	✓	✓	✓
If allowed on campus visitors required to complete the ISR Coronavirus Declaration form	✓	✓	✓	✓
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures	✓	✓	✓	✓
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures to attend individual consultations	N/A	✓	✓	✓
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓	✓	✓	✓
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	✓	✓	✓
Parents/guardians are allowed on campus (indoor) without restrictions				
Parents/guardians are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓ (5 parents at a time)			



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Parents/guardians allowed on campus (indoor/outdoor) with school's prior permission respecting the COVID-19 preventative measures	✓	✓	✓	✓
If allowed on campus, visitors (including parents/guardians) must fill the ISR building entry register upon arrival	✓	✓	✓	✓
Temperature is checked at home before coming to school and must not exceed 37.5C	✓	✓	✓	✓
Temperature checked upon arrival at school (by the school nurse or designated staff member) and must not exceed 37.5C. Temperature logged in student COVID-19 Temperature Book	✓	✓	✓	✓
Compulsory quarantine and/or self-isolation period for anyone being COVID-19 positive or being a COVID-19 contact person, as deemed by the Latvian Authorities https://covid19.gov.lv/en	✓	✓	✓	✓
Compulsory quarantine and/or self-isolation period for anyone arriving from a high-risk area, as deemed by the Latvian Authorities https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0	✓	✓	✓	✓



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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Hygiene				
Hand washing/sanitation recommendations explained to and implemented by students (upon arrival, before and after breaks/lunch, after visiting the toilet)	✓	✓	✓	✓
Hand washing/sanitation implemented by ISR staff members and visitors	✓	✓	✓	✓
Limited sharing of school items	✓	✓	✓	✓
Toys from home not permitted	✓	N/A	N/A	N/A
School premises and equipment cleaned, disinfected and ventilated following the Latvian Authorities' recommendations	✓	✓	✓	✓
Sanitation provided by ISR	✓	✓	✓	✓
Students wear inside shoes when indoors.	✓	✓	✓	✓
Staff members on campus wear changing clothes and inside shoes.	✓	✓	✓	✓



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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Face Masks				
Face masks required to be worn on campus for parents, guardians and visitors	✓	✓	✓	✓
Face masks required to be worn on public transport - to and from school for students	✓	✓	✓	✓
Face masks required to be worn on public transport - to and from school for staff members	✓	✓	✓	✓
Face masks required for staff members indoors during the school day	✓	✓	✓	✓
Face masks required for staff members outdoors				
Face masks required for staff members during meetings not involving students/parents if vaccinated	✓	✓	✓	✓
Face masks required for staff members during meetings not involving students/parents if unvaccinated	✓	✓	✓	✓
Face masks required indoors for students		✓	✓	✓
Face masks required outdoors for students				
Face masks required indoor during consultation for students	N/A	✓	✓	✓



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Face masks required on the school bus (when mixed grades)	✓	✓	✓	✓
Face masks required for staff members and students when on field trips happening outdoors	N/A	N/A	N/A	N/A
Face masks required for staff members and students when on field trips happening indoors	N/A	N/A	N/A	N/A

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Distancing				
No distancing measures applied on campus				
Classes and/or groups kept separated from each other	✓	✓	✓	✓
Students kept separated from each other when on consultation	N/A	✓	✓	✓
Staggered break times	✓	✓	✓	✓
Lunch in the classrooms or outdoors	✓	✓	✓	✓
Staggered drop off and pick up times keeping the classes separated from each other	✓	✓	✓	✓
Smaller student assemblies by class	✓	✓	✓	✓



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Large group student assemblies that include more than one grade level allowed				
Staff members respect physical distancing between each other	✓	✓	✓	✓
Parents/guardians respect the 2 meter distancing preventive measure when on campus (outdoor and indoor)	✓	✓	✓	✓
No crowding allowed in building common areas, staircases, locker areas and on and around campus	✓	✓	✓	✓

COVID-19 Safety Guidelines* <small>*Will change depending on the current situation.</small>	Early Years	Primary	Middle School	High School
Facilities				
Coronavirus information posters hung around campus	✓	✓	✓	✓
Social distancing lines on floor at entry points	✓	✓	✓	✓
Directional posters in hallways and staircases	✓	✓	✓	✓
Limited number of students allowed in bathrooms following a schedule (if possible)	✓	✓	✓	✓
Different entrances/exits for grade levels (as needed to avoid classes having contact with each other)	✓	✓	✓	✓



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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Food				
Lunch eaten in classroom or outdoors	✓	✓	✓	✓
Lunch eaten in cafeteria with an unmodified seating plan/timetable				
Lunch eaten in cafeteria with a modified seating plan/timetable				
Snacks brought from home	✓	✓	✓	✓
Lunch brought from home - or food provided by ISR	✓	✓	✓	✓
Snacks and lunch to be brought in from home - no food provided by ISR				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Playgrounds				
Playground split into zones to avoid contact between the	✓	✓	✓	✓



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classes				
Staggered recess times	✓	✓	✓	✓
Students must social distance on the playground	✓	✓	✓	✓
Normal playtime				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Classrooms				
Unmodified face-to-face learning for each class (classes must remain separated from each other at all times)	✓	✓	✓	✓
Restriction on number of students in each room (3m ² /student)	✓	✓	✓	✓
One student and 1 teacher per room during consultation	N/A	✓	✓	✓
Students staying in one room with teachers moving between classrooms				
Social distancing between students from the same class in the classroom (as much as possible)		✓	✓	✓
Social distancing between staff members (as much as possible)	✓	✓	✓	✓



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Social distancing (2 meters) between staff members and students (as much as possible)	✓	✓	✓	✓
Social distancing (2 meters) between staff members and students during consultation	N/A	✓	✓	✓
“Outdoor Classes” allowed respecting the safety requirements	✓	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
High Risk Individual (Healthwise)				
As per local guidelines, individuals who fall into the high-risk categories are strongly recommended to stay home.	✓	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
After School Activities & Sport Events *respecting the covid-19 safety measures				
Unmodified After School Activities				



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Outdoor After School Activities for each class may take place (classes must remain separated from each other) when led by an ISR staff member *	✓	✓	✓	✓
Outdoor After School Activities for each class may take place (classes must remain separated from each other) when led by an outside provider with a valid covid-19 certificate *	N/A	N/A	N/A	N/A
Outdoor After School Activities for mixed classes up to 20 students may take place when led by an ISR staff member *	✓	✓	✓	✓
Outdoor After School Activities for mixed classes up to 20 students may take place when led by an outside provider with a valid covid-19 certificate *	N/A	N/A	N/A	N/A
Indoor After School Activities for each class may take place (classes must remain separated from each other) when led by an ISR staff member *	✓	✓	✓	✓
Indoor After School Activities for each class may take place (classes must remain separated from each other) when led by an outside provider with a valid covid-19 certificate *	N/A	N/A	N/A	N/A
Indoor After School Activities for mixed classes may take place for students with a valid covid-19 certificate when lead by an ISR staff member *	N/A	N/A	✓	✓
Indoor After School Activities for mixed classes may take place for students with a valid covid-19 certificate when lead by an outside provider with a valid covid-19 certificate *	N/A	N/A	N/A	N/A



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Outdoor and indoor After School Sport Training for mixed classes may take place for students with a valid covid-19 certificate when lead by an ISR staff member *	N/A	N/A	✓	✓
Outdoor and indoor After School Sport Training for mixed classes may take place for students with a valid covid-19 certificate when lead by an outside provider with a valid covid-19 certificate *	N/A	N/A	N/A	N/A
Competitive inter-school athletic sports competitions take place *				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Field Trips - all trips will be subject to Risk Assessment Evaluation as part of the planning process.				
One day field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
One day field trips in Estonia and Lithuania allowed				



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following the COVID-19 preventive measures and the ISR field trip planning instructions				
Overnight field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
Overnight field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
International field trips allowed (other than Lithuania and Estonia) respecting the COVID-19 preventive measures and the ISR field trip planning instructions				
Face masks required for staff members and students when on field trips happening indoors	N/A	N/A	N/A	N/A
Masks required for staff members and students when on field trips happening outdoors	N/A	N/A	N/A	N/A

COVID-19 Safety Guidelines* <small>*Will change depending on the current situation.</small>	Early Years	Primary	Middle School	High School
Events				
Events involving one class and staff members allowed	✓	✓	✓	✓
Events involving several classes and staff members allowed with conditions				



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Events involving one class, staff members and parents allowed				
Events involving several classes, staff members and parents allowed with conditions				
Events involving visitors allowed (after approval by the School Director, the School Vice Director, Child Protection Officer and respecting the COVID-19 safety Measures)				

COVID-19 Safety Guidelines* *Will change depending on the current situation. ** Applies only to G6, G7 and G8 learning online.	Early Years	Primary	Middle School	High School
Communication				
COVID-19 recommendations communicated and explained to students	✓	✓	✓	✓
COVID-19 recommendations communicated and explained to staff members	✓	✓	✓	✓
COVID-19 recommendations communicated and explained to parents/guardians	✓	✓	✓	✓