



# INTERNATIONAL SCHOOL OF RIGA

Reviewed and Approved - 22.10.2021

## ISR COVID-19 Safety Guidelines

(\*Will change depending on current situation. )

This document is based on the recommendation published by the Latvian Ministry of Sciences and Education and the Latvian Prime Minister Cabinet on October 21st, 2021.

**Current Learning Model: Model A - FACE-TO-FACE LEARNING (Early Years, Grades 1, 2, 3)  
Model C - Online Learning (Grades 4, 5, 6, 7, 8, 9, 10, 11, 12)**

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<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation.	<b>Early Years</b>	<b>Primary</b> *Grades 1, 2, 3	<b>Middle School</b>	<b>High School</b>
<b>Access</b>				
All ISR stakeholders (parents/guardians/staff) have read and understood ISR Covid-19 Safety Guidelines	✓	✓	✓	✓
Parents/guardians and students (if 18 y.o) are required to complete the ISR Coronavirus Declaration form when starting studies at the school	✓	✓	✓	✓
If allowed on campus visitors required to complete the ISR Coronavirus Declaration form	✓	✓	✓	✓
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures	✓	✓*		
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures to attend individual consultations	N/A	✓	✓	✓
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓	✓*		
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	✓	✓	✓
Parents/guardians are allowed on campus (indoor) without restrictions				
Parents/guardians are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓ (5 parents at a time)			



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Parents/guardians allowed on campus (indoor/outdoor) with school's prior permission respecting the COVID-19 preventative measures	✓	✓	✓	✓
If allowed on campus, visitors (including parents/guardians) must fill the ISR building entry register upon arrival	✓	✓	✓	✓
Temperature is checked at home before coming to school and must not exceed 37.5C	✓	✓*	N/A	N/A
Temperature checked upon arrival at school (by the school nurse or designated staff member) and must not exceed 37.5C. Temperature logged in student COVID-19 Temperature Book	✓	✓* (N/A Grades 4, 5)	✓	✓
Compulsory quarantine and/or self-isolation period for anyone being COVID-19 positive or being a COVID-19 contact person, as deemed by the Latvian Authorities <a href="https://covid19.gov.lv/en">https://covid19.gov.lv/en</a>	✓	✓	✓	✓
Compulsory quarantine and/or self-isolation period for anyone arriving from a high-risk area, as deemed by the Latvian Authorities <a href="https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0">https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0</a>	✓	✓	✓	✓



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<b>Hygiene</b>				
<b>Hand washing/sanitation recommendations explained to and implemented by students</b> (upon arrival, before and after breaks/lunch, after visiting the toilet)	✓	✓* (N/A Grades 4, 5)	✓	✓
<b>Hand washing/sanitation implemented by ISR staff members and visitors</b>	✓	✓	✓	✓
<b>Limited sharing of school items</b>	✓	✓* (N/A Grades 4, 5)	✓	✓
<b>Toys from home not permitted</b>	✓	N/A	N/A	N/A
<b>School premises and equipment cleaned, disinfected and ventilated following the Latvian Authorities' recommendations</b>	✓	✓	✓	✓
<b>Sanitation provided by ISR</b>	✓	✓	✓	✓
<b>Students wear inside shoes when indoors.</b>	✓	✓* (N/A Grades 4, 5)	✓	✓
<b>Staff members on campus wear changing clothes and inside shoes.</b>	✓	✓	✓	✓



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<b>Face Masks</b>				
Face masks required to be worn on campus for parents, guardians and visitors	✓	✓	✓	✓
Face masks required to be worn on public transport - to and from school for students	✓	✓* (N/A Grades 4, 5)	✓	✓
Face masks required to be worn on public transport - to and from school for staff members	✓	✓	✓	✓
Face masks required for staff members indoors during the school day	✓	✓	✓	✓
Face masks required for staff members outdoors				
Face masks required for staff members during meetings not involving students/parents if vaccinated	✓	✓	✓	✓
Face masks required for staff members during meetings not involving students/parents if unvaccinated	✓	✓	✓	✓
Face masks required indoors for students		✓* (N/A Grades 4, 5)	✓	✓
Face masks required outdoors for students		(N/A Grades 4, 5)	N/A	N/A
Face masks required indoor during consultation for	N/A	✓	✓	✓



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<b>students</b>				
<b>Face masks required on the school bus (when mixed grades)</b>	✓	✓* (N/A Grades 4, 5)	N/A	N/A
<b>Face masks required for staff members and students when on field trips happening outdoors</b>	N/A	N/A	N/A	N/A
<b>Face masks required for staff members and students when on field trips happening indoors</b>	N/A	N/A	N/A	N/A

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Distancing</b>				
<b>No distancing measures applied on campus</b>				
<b>Classes and/or groups kept separated from each other</b>	✓	✓* (N/A Grades 4, 5)	N/A	N/A
<b>Students kept separated from each other when on consultation</b>	N/A	✓	✓	✓
<b>Staggered break times</b>	✓	✓* (N/A Grades 4, 5)	N/A	N/A
<b>Lunch in the classrooms or outdoors</b>	✓	✓* (N/A Grades 4, 5)	N/A	N/A



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Staggered drop off and pick up times keeping the classes separated from each other	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Smaller student assemblies by class	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Large group student assemblies that include more than one grade level allowed				
Staff members respect physical distancing between each other	✓	✓	✓	✓
Parents/guardians respect the 2 meter distancing preventive measure when on campus (outdoor and indoor)	✓	✓	✓	✓
No crowding allowed in building common areas, staircases, locker areas and on and around campus	✓	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
<b>Facilities</b>				
Coronavirus information posters hung around campus	✓	✓	✓	✓
Social distancing lines on floor at entry points	✓	✓	✓	✓
Directional posters in hallways and staircases	✓	✓	✓	✓



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Limited number of students allowed in bathrooms following a schedule (if possible)	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Different entrances/exits for grade levels (as needed to avoid classes having contact with each other)	✓	✓* (N/A Grades 4, 5)	N/A	N/A

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Food</b>				
Lunch eaten in classroom or outdoors	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Lunch eaten in cafeteria with an unmodified seating plan/timetable				
Lunch eaten in cafeteria with a modified seating plan/timetable				
Snacks brought from home	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Lunch brought from home - or food provided by ISR	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Snacks and lunch to be brought in from home - no food provided by ISR				





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<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation.	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Playgrounds</b>				
Playground split into zones to avoid contact between the classes	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Staggered recess times	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Students must social distance on the playground		✓* (N/A Grades 4, 5)	N/A	N/A
Normal playtime				

<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation.	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Classrooms</b>				
Unmodified face-to-face learning for each class (classes must remain separated from each other at all times)	✓	✓*		
Restriction on number of students in each room (3m <sup>2</sup> /student)	✓	✓* (N/A Grades 4, 5)	N/A	N/A



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One student and 1 teacher per room during consultation	N/A	✓	✓	✓
Students staying in one room with teachers moving between classrooms				
Social distancing between students from the same class in the classroom (as much as possible)		✓* (N/A Grades 4, 5)	N/A	N/A
Social distancing between staff members (as much as possible)	✓	✓	✓	✓
Social distancing (2 meters) between staff members and students (as much as possible)	✓	✓* (N/A Grades 4, 5)	N/A	N/A
Social distancing (2 meters) between staff members and students during consultation	N/A	✓	✓	✓
“Outdoor Classes” allowed respecting the safety requirements	N/A	✓*		

COVID-19 Safety Guidelines* <small>*Will change depending on the current situation.</small>	Early Years	Primary	Middle School	High School
High Risk Individual (Healthwise)				
As per local guidelines, individuals who fall into the high-risk categories are strongly recommended to stay home.	✓	✓	✓	✓



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<b>After School Activities &amp; Sport Events</b> <small>*respecting the covid-19 safety measures</small>				
<b>Unmodified After School Activities</b>				
<b>Outdoor After School Activities for each class may take place (classes must remain separated from each other) when led by an ISR staff member *</b>				
<b>Outdoor After School Activities for each class may take place (classes must remain separated from each other) when led by an outside provider with a valid covid-19 certificate *</b>				
<b>Outdoor After School Activities for mixed classes up to 20 students may take place when led by an ISR staff member *</b>				
<b>Outdoor After School Activities for mixed classes up to 20 students may take place when led by an outside provider with a valid covid-19 certificate *</b>				
<b>Indoor After School Activities for each class may take place (classes must remain separated from each other) when led by an ISR staff member *</b>				
<b>Indoor After School Activities for each class may take place (classes must remain separated from each other)</b>				



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<b>when led by an outside provider with a valid covid-19 certificate *</b>				
<b>Indoor After School Activities for mixed classes may take place for students with a valid covid-19 certificate when lead by an ISR staff member *</b>				
<b>Indoor After School Activities for mixed classes may take place for students with a valid covid-19 certificate when lead by an outside provider with a valid covid-19 certificate *</b>				
<b>Outdoor and indoor After School Sport Training for mixed classes may take place for students with a valid covid-19 certificate when lead by an ISR staff member *</b>				
<b>Outdoor and indoor After School Sport Training for mixed classes may take place for students with a valid covid-19 certificate when lead by an outside provider with a valid covid-19 certificate *</b>				
<b>Competitive inter-school athletic sports competitions take place *</b>				



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<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Field Trips - all trips will be subject to Risk Assessment Evaluation as part of the planning process.</b>				
<b>One day field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions</b>				
<b>One day field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions</b>				
<b>Overnight field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions</b>				
<b>Overnight field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions</b>				
<b>International field trips allowed (other than Lithuania and Estonia) respecting the COVID-19 preventive measures and the ISR field trip planning instructions</b>				
<b>Face masks required for staff members and students when on field trips happening indoors</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>
<b>Masks required for staff members and students when on field trips happening outdoors</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>	<b>N/A</b>



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<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation.	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Events</b>				
<b>Events involving one class and staff members allowed</b>	✓	✓*		
<b>Events involving several classes and staff members allowed with conditions</b>				
<b>Events involving one class, staff members and parents allowed</b>				
<b>Events involving several classes, staff members and parents allowed with conditions</b>				
<b>Events involving visitors allowed</b> (after approval by the School Director, the School Vice Director, Child Protection Officer and respecting the COVID-19 safety Measures)				

<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation. ** Applies only to G6, G7 and G8 learning online.	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Communication</b>				
<b>COVID-19 recommendations communicated and explained to students</b>	✓	✓	✓	✓



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<b>COVID-19 recommendations communicated and explained to staff members</b>	✓	✓	✓	✓
<b>COVID-19 recommendations communicated and explained to parents/guardians</b>	✓	✓	✓	✓