

## Meat option

13.09. Meatless Monday	Allergens
Potato pancakes	3
Grilled vegetables	
Mayonnaise and tomato sauce	3,7,10
Iceberg salad with ruccola	
Rye bread / sweet and sour bread	1
Muffin	1,3
Banana	
14.09.Tuesday	Allergens
Minced beef sauce	1,7
Pasta	1,3
Basil and mayonnaise sauce	3,7,10
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Fruit and berry salad	
15.09. Wednesday	Allergens
Chicken thigh chop	1,3
Mashed potatoes	7
Carrot and cauliflower salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	
40.00 TI I	A.11
16.09.Thursday	Allergens
Fish meatballs with greens	1,3
Light bulgur	1 7
Sour cream sauce with greens Fresh cucumber	1
Rye bread / sweet and sour bread	1
Curd snack Baltais	7
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## Lactose-free

13.09. Meatless Monday	Allergens
Potato pancakes	3
Grilled vegetables	
Tomato sauce	
Iceberg salad with ruccola	_
Rye bread / sweet and sour bread Muffin	1
Banana	1,3
Dallalla	
14.09.Tuesday	Allergens
Minced beef sauce (lactose-free)	1
Pasta	1,3
Basil and oil dressing	
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Fruit and berry salad	
15.09. Wednesday	Allergens
Chicken thigh chop	1,3
Boiled potatoes	1,0
Carrot and cauliflower salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	
16.09.Thursday	Allergens
Fish meatballs with greens	1,3
Light bulgur Tomato salsa	1
Fresh cucumber	
Rye bread / sweet and sour bread	1
Muesli bar	I
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## Vegan

Potato rosti Grilled vegetables Tomato sauce Iceberg salad with ruccola Rye bread / sweet and sour bread Gluten-free muffin Banana  14.09.Tuesday Allergens Zucchini and tomato stew Gluten-free pasta Basil and oil dressing Fresh bell pepper Rye bread / sweet and sour bread Fruit and berry salad  15.09. Wednesday Allergens Forest mushroom rissole Boiled potatoes Carrot and cauliflower salad with oil dressing Rye bread / sweet and sour bread 1 Boiled potatoes Carrot, sweet and sour bread 1 Peach, kiwi and strawberry cocktail  16.09.Thursday Allergens Eggplant filled with vegetable salsa Light bulgur Tomato salsa Fresh cucumber	13.09. Meatless Monday	Allergens
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16.09.Thursday Eggplant filled with vegetable salsa Light bulgur Tomato salsa	Rye bread / sweet and sour bread	1
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Tomato salsa		4
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Rye bread / sweet and sour bread		1
Muesli bar	· ·	1



## Gluten-free

13.09. Meatless Monday	Allergens
Potato pancakes	3
Grilled vegetables	-
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Mayonnaise and tomato sauce	3,7,10
Iceberg salad with ruccola	
Gluten-free bread	1
Gluten-free muffin	
Banana	
Dallalla	
14.09.Tuesday	Allergens
Minced beef sauce (gluten-free)	7
Gluten-free pasta	3
Basil and mayonnaise sauce	3,7,10
Fresh bell pepper	0,7,10
Gluten-free bread	
Fruit and berry salad	
15.09. Wednesday	Allergens
Fried chicken gyross	<u> </u>
Mashed potatoes	7
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Carrot and cauliflower salad with oil dressing	
Gluten-free bread	
Peach, kiwi and strawberry cocktail	
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16.09.Thursday	Allergens
Fish meatballs with greens (gluten-free)	3
Buckwheat	9
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Sour cream sauce with greens	7
Fresh cucumber	
Gluten-free bread	
Curd snack Baltais	7
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