



Meat option

13.09. Meatless Monday	Allergens
Potato pancakes	3
Grilled vegetables	
Mayonnaise and tomato sauce	3,7,10
Iceberg salad with rucola	
Rye bread / sweet and sour bread	1
Muffin	1,3
Banana	
14.09. Tuesday	Allergens
Minced beef sauce	1,7
Pasta	1,3
Basil and mayonnaise sauce	3,7,10
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Fruit and berry salad	
15.09. Wednesday	Allergens
Chicken thigh chop	1,3
Mashed potatoes	7
Carrot and cauliflower salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	
16.09. Thursday	Allergens
Fish meatballs with greens	1,3
Light bulgur	1
Sour cream sauce with greens	7
Fresh cucumber	
Rye bread / sweet and sour bread	1
Curd snack Baltais	7



Lactose-free

13.09. Meatless Monday		Allergens
Potato pancakes		3
Grilled vegetables		
Tomato sauce		
Iceberg salad with ruccola		
Rye bread / sweet and sour bread		1
Muffin		1,3
Banana		
14.09. Tuesday		Allergens
Minced beef sauce (lactose-free)		1
Pasta		1,3
Basil and oil dressing		
Fresh bell pepper		
Rye bread / sweet and sour bread		1
Fruit and berry salad		
15.09. Wednesday		Allergens
Chicken thigh chop		1,3
Boiled potatoes		
Carrot and cauliflower salad with oil dressing		
Rye bread / sweet and sour bread		1
Peach, kiwi and strawberry cocktail		
16.09. Thursday		Allergens
Fish meatballs with greens		1,3
Light bulgur		1
Tomato salsa		
Fresh cucumber		
Rye bread / sweet and sour bread		1
Muesli bar		



Vegan

13.09. Meatless Monday	Allergens
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Potato rosti	
Grilled vegetables	
Tomato sauce	
Iceberg salad with ruccola	
Rye bread / sweet and sour bread	1
Gluten-free muffin	
Banana	

14.09. Tuesday	Allergens
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Zucchini and tomato stew	
Gluten-free pasta	
Basil and oil dressing	
Fresh bell pepper	
Rye bread / sweet and sour bread	1
Fruit and berry salad	

15.09. Wednesday	Allergens
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Forest mushroom rissole	1
Boiled potatoes	
Carrot and cauliflower salad with oil dressing	
Rye bread / sweet and sour bread	1
Peach, kiwi and strawberry cocktail	

16.09. Thursday	Allergens
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Eggplant filled with vegetable salsa	
Light bulgur	1
Tomato salsa	
Fresh cucumber	
Rye bread / sweet and sour bread	1
Muesli bar	



Gluten-free

13.09. Meatless Monday	Allergens
Potato pancakes	3
Grilled vegetables	
Mayonnaise and tomato sauce	3,7,10
Iceberg salad with rucola	
Gluten-free bread	1
Gluten-free muffin	
Banana	
14.09. Tuesday	Allergens
Minced beef sauce (gluten-free)	7
Gluten-free pasta	3
Basil and mayonnaise sauce	3,7,10
Fresh bell pepper	
Gluten-free bread	
Fruit and berry salad	
15.09. Wednesday	Allergens
Fried chicken gyross	
Mashed potatoes	7
Carrot and cauliflower salad with oil dressing	
Gluten-free bread	
Peach, kiwi and strawberry cocktail	
16.09. Thursday	Allergens
Fish meatballs with greens (gluten-free)	3
Buckwheat	
Sour cream sauce with greens	7
Fresh cucumber	
Gluten-free bread	
Curd snack Baltais	7