



Meat option

12.07. Meatless Monday	Allergens
Cheese rissole	1,3,7,10
Mashed potatoes	7
Grilled vegetables	
Mayonnaise and sour cream sauce with garlic	10,3,7
Beet salad with oil dressing	
Rye bread / wheat bread	1
Muesli bar	1
Banana	

13.07. Tuesday	Allergens
Chicken thigh chop	1,3
Buckwheat	
Mayonnaise and tomato sauce	10,3,7
Fresh cabbage salad with tomatoes and oil dressing	
Rye bread / sweet and sour bread	1
Sweet cherries	

14.07. Wednesday	Allergens
Beef lasagna with vegetables	1,3,7
Mayonnaise and sour cream sauce with horseradish and pickles	10,3,7
Bell pepper and apple salad with oil dressing	
Rye bread / sweet and sour bread	1
Fruit smoothie	

15.07. Thursday	Allergens
Chicken fillet shashlik	
Rice	
Sweet and sour salsa sauce	
Carrot salad with mayonnaise sauce	10,3,7
Rye bread / sweet and sour bread	1
Muffin	1,3

16.07. Friday	Allergens
Turkey rissole	1,3
Fried potato wedges	
Tomato sauce	
Fresh cucumber	
Rye bread / sweet and sour bread	1
Cottage cheese pudding	1,3,7
Strawberry sauce	



Vegetarian

12.07. Meatless Monday	Allergens
Cheese rissole	1,3,7,10
Mashed potatoes	7
Grilled vegetables	
Mayonnaise and sour cream sauce with garlic	10,3,7
Beet salad with oil dressing	
Rye bread / wheat bread	1
Muesli bar	1
Banana	

13.07. Tuesday	Allergens
Buckwheat and vegetable stew	9
Fresh cabbage salad with tomatoes and oil dressing	
Mayonnaise and tomato sauce	10,3,7
Rye bread / sweet and sour bread	1
Sweet cherries	

14.07. Wednesday	Allergens
Lasagna with vegetables	1,3,7
Tomato sauce	
Bell pepper and apple salad with oil dressing	
Rye bread / sweet and sour bread	1
Fruit smoothie	

15.07. Thursday	Allergens
Zucchini filled with oyster mushrooms	
Rice	
Sweet and sour salsa sauce	
Carrot salad with mayonnaise sauce	10,3,7
Rye bread / sweet and sour bread	1
Muffin	1,3

16.07. Friday	Allergens
Cabbage rissole	1
Fried potato wedges	
Tomato sauce	
Fresh cucumber	
Rye bread / sweet and sour bread	1
Cottage cheese pudding	1,3,7
Strawberry sauce	