



Meat option

1.03. Meatless Monday	Allergens
Couscous scones with carrots	1,3
Steamed vegetables	
Chinese cabbage salad with dills and oil dressing	
Mayonnaise sauce with garlic	10,3,7
Cookie	1,3
Oranges	
Rye bread / fine rye bread	1

2.03. Tuesday	Allergens
Beef rissole	1,3
Potato puree	7
Southern sauce	10,3
Fresh bell pepper	
Curd cream with fresh berry sauce	7
Rye bread / fine rye bread	1

3.03. Wednesday	Allergens
Chicken pilaf	
Yogurt sauce with turmeric	10,3,7
Fresh cabbage salad with tomatoes and oil dressing	
Muffin	1,3,7
Rye bread / fine rye bread	1

4.03. Thursday	Allergens
Turkey fillet chop	1,3
Light bulgur	1
Carrot salad with mayonnaise sauce	10,3,7
Fruit salad	
Rye bread / fine rye bread	1

5.03. Friday	Allergens
Steamed salmon fillet	
Pasta	1,3
Tomato sauce	
Grilled vegetables	9
Fruit smoothie with coconut milk	
Rye bread / fine rye bread	1



Lactose-free

1.03. Meatless Monday	Allergens
Couscous scones with carrots	1,3
Steamed vegetables	
Chinese cabbage salad with dills and oil dressing	
Tomato sauce	
Cookie	1,3
Oranges	
Rye bread / fine rye bread	1

2.03. Tuesday	Allergens
Beef rissole	1,3
Fried potato lobes	
Basil dressing with oil	
Fresh bell pepper	
Fruit assorti	
Rye bread / fine rye bread	1

3.03. Wednesday	Allergens
Chicken pilaf	1,6
Fresh cabbage salad with tomatoes and oil dressing	
Gluten-free muffin	
Rye bread / fine rye bread	1

4.03. Thursday	Allergens
Turkey fillet chop	1,3
Light bulgur	1
Carrot salad with oil dressing	
Fruit salad	
Rye bread / fine rye bread	1

5.03. Friday	Allergens
Steamed salmon fillet	
Pasta	1,3
Tomato sauce	
Grilled vegetables	9
Fruit smoothie with coconut milk	
Rye bread / fine rye bread	1



Vegan

1.03. Meatless Monday	Allergens
Couscous scones with carrots (without eggs)	1
Steamed vegetables	
Chinese cabbage salad with dills and oil dressing	
Tomato sauce	
Gluten-free cookie	
Oranges	
Rye bread / fine rye bread	1

2.03. Tuesday	Allergens
Cauliflower rissole	1
Fried potato lobes	
Basil dressing with oil	
Fresh bell pepper	
Fruit assorti	
Rye bread / fine rye bread	1

3.03. Wednesday	Allergens
Vegetarian pilaf	
Fresh cabbage salad with tomatoes and oil dressing	
Gluten-free muffin	9
Rye bread / fine rye bread	1

4.03. Thursday	Allergens
Grilled eggplant	
Light bulgur	1
Carrot salad with oil dressing	
Fruit salad	
Rye bread / fine rye bread	1

5.03. Friday	Allergens
Zucchini scones	1
Gluten-free pasta	
Tomato sauce	
Grilled vegetables	9
Fruit smoothie with coconut milk	
Rye bread / fine rye bread	1