



# INTERNATIONAL SCHOOL OF RIGA

Reviewed and Approved - 08.02.2021

## ISR COVID-19 Safety Guidelines

(\*Will change depending on current situation. )

This document is based on the recommendation published by the Latvian Ministry of Sciences and Education and the Latvian Prime Minister Cabinet on July 29th, 2020.

### Current Learning Model: Model A - FACE-TO-FACE LEARNING

#### Contents

General .....	pages 2 & 3
Hygiene .....	page 4
Face Masks .....	page 5
Distancing .....	page 6
Facilities .....	page 7
Food .....	page 8
Playgrounds .....	page 8
Classrooms .....	page 9
High Risk Individuals .....	page 10
After School Activities & Sport Events .....	page 10
Field Trips - all trips will be subject to Risk Assessment Evaluation as part of planning process .....	page 11
Events .....	page 12
Communication .....	page 13



# INTERNATIONAL SCHOOL OF RIGA

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Access</b>				
All ISR stakeholders (parents/guardians/staff) have read and understood ISR Covid-19 Safety Guidelines	✓	✓	✓	✓
Parents/guardians and students (if 18 y.o) are required to complete the ISR Coronavirus Declaration form when starting studies at the school	✓	✓	✓	✓
Visitors required to complete the ISR Coronavirus Declaration form	✓	✓	✓	✓
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures	✓			
Students are allowed on campus (outdoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	✓	✓	✓
Parents/guardians are allowed on campus (outdoor) without restrictions				
Parents/guardians are allowed on campus (outdoor), respecting the COVID-19 preventative measures	✓			
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓			
Students are allowed on campus (indoor) respecting the COVID-19 preventative measures to attend a consultation	N/A	✓	✓	✓



# INTERNATIONAL SCHOOL OF RIGA

Parents/guardians are allowed on campus (indoor) without restrictions				
Parents/guardians are allowed on campus (indoor) respecting the COVID-19 preventative measures	✓ (5 parents at a time)			
Parents/guardians allowed on campus (indoor/outdoor) with school's prior permission respecting the COVID-19 preventative measures	✓	✓	✓	✓
If allowed on campus, visitors (including parents/guardians) must fill the ISR building entry register upon arrival	✓	✓	✓	✓
Temperature is checked at home before coming to school and must not exceed 37.5C	✓	✓	✓	✓
Temperature checked upon arrival at school (by the school nurse or designated staff member) and must not exceed 37.5C. Temperature logged in student COVID-19 passport	✓	✓	✓	✓
Compulsory quarantine and/or self-isolation period for anyone being COVID-19 positive or being a COVID-19 contact person, as deemed by the Latvian Authorities <a href="https://covid19.gov.lv/en">https://covid19.gov.lv/en</a>	✓	✓	✓	✓
Compulsory quarantine and/or self-isolation period for anyone arriving from a high-risk area, as deemed by the Latvian Authorities <a href="https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0">https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0</a>	✓	✓	✓	✓



# INTERNATIONAL SCHOOL OF RIGA

<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation.	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Hygiene</b>				
<b>Hand washing/sanitation recommendations explained to and implemented by students</b> (upon arrival, before and after breaks/lunch, after visiting the toilet)	✓	✓	✓	✓
<b>Hand washing/sanitation implemented by ISR staff members and visitors</b>	✓	✓	✓	✓
<b>Limited sharing of school items</b>	✓	✓	✓	✓
<b>Toys from home not permitted</b>	✓	N/A	N/A	N/A
<b>School premises and equipment cleaned, disinfected and ventilated following the Latvian Authorities' recommendations</b>	✓	✓	✓	✓
<b>Sanitation provided by ISR</b>	✓	✓	✓	✓
<b>Children wear inside shoes when indoors.</b>	✓	N/A	N/A	N/A
<b>Staff members on campus wear changing clothes and inside shoes.</b>	✓	✓	✓	✓



# INTERNATIONAL SCHOOL OF RIGA

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Face Masks</b>				
Face masks required to be worn on campus for parents, guardians and visitors	✓	✓	✓	✓
Face masks required to be worn on public transport - to and from school for students	✓	✓	✓	✓
Face masks required to be worn on public transport - to and from school for staff members	✓	✓	✓	✓
Face masks required in all class and consultation for staff members	✓	✓	✓	✓
Face masks required in hallways and common areas for staff members	✓	✓	✓	✓
Face masks required for staff members during meetings	✓	✓	✓	✓
Face masks required indoor for students		N/A	N/A	N/A
Face masks required indoor during consultation for students	N/A	✓	✓	✓
Face masks required on the school bus (when mixed grades)	✓	N/A	N/A	N/A
Face masks required for staff members and students when	N/A	N/A	N/A	N/A



# INTERNATIONAL SCHOOL OF RIGA

on field trips happening indoors				
----------------------------------	--	--	--	--

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Distancing</b>				
<b>No distancing measures applied on campus</b>				
<b>Classes kept separated from each other</b>	✓	N/A	N/A	N/A
<b>Students kept separated from each other when on consultation</b>	N/A	✓	✓	✓
<b>Staggered break times</b>	✓	N/A	N/A	N/A
<b>Lunch in the classrooms</b>	✓	N/A	N/A	N/A
<b>Staggered drop off and pick up times keeping the classes separated from each other</b>	✓	N/A	N/A	N/A
<b>Smaller student assemblies by class</b>	✓	N/A	N/A	N/A
<b>Large group student assemblies that include more than one grade level allowed</b>				
<b>Staff members respect physical distancing between each other</b>	✓	✓	✓	✓



# INTERNATIONAL SCHOOL OF RIGA

Parents/guardians respect the 2 meter distancing preventive measure when on campus (outdoor and indoor)	✓	✓	✓	✓
No crowding allowed in building common areas, staircases, locker areas and on and around campus	✓	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
<b>Facilities</b>				
Coronavirus information posters hung around campus	✓	✓	✓	✓
Social distancing lines on floor at entry points	✓	✓	✓	✓
Directional posters in hallways and staircases	✓	✓	✓	✓
Limited number of students allowed in bathrooms following a schedule (if possible)	✓	N/A	N/A	N/A
Different entrances/exits for grade levels (as needed to avoid classes having contact with each other)	✓	N/A	N/A	N/A



# INTERNATIONAL SCHOOL OF RIGA

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Food</b>				
Lunch eaten in classroom	✓	N/A	N/A	N/A
Lunch eaten in cafeteria with an unmodified seating plan/timetable		N/A	N/A	N/A
Lunch eaten in cafeteria with a modified seating plan/timetable		N/A	N/A	N/A
Snacks brought from home	✓	N/A	N/A	N/A
Lunch brought from home - or food provided by ISR	✓	N/A	N/A	N/A
Snacks and lunch to be brought in from home - no food provided by ISR		N/A	N/A	N/A

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Playgrounds</b>				
Playground split into zones to avoid contact between the classes	✓	N/A	N/A	N/A





# INTERNATIONAL SCHOOL OF RIGA

Staggered recess times	✓	N/A	N/A	N/A
Students must social distance on the playground		N/A	N/A	N/A
Normal playtime		N/A	N/A	N/A

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
<b>Classrooms</b>				
Unmodified face-to-face learning for each class (classes must remain separated from each other at all times)	✓			
Restriction on number of students in each room (3m <sup>2</sup> /student)	✓	N/A	N/A	N/A
One student and 1 teacher per room during consultation	N/A	✓	✓	✓
Students staying in one room with teachers moving between classrooms		N/A	N/A	N/A
Social distancing between students from the same class in the classroom		N/A	N/A	N/A
Social distancing between staff members (as much as possible)	✓	✓	✓	✓
Social distancing (2 meters) between staff members and	✓	N/A	N/A	N/A



# INTERNATIONAL SCHOOL OF RIGA

students (as much as possible)				
Social distancing (2 meters) between staff members and students during consultation	N/A	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
High Risk Individual (Healthwise)				
As per local guidelines, individuals who fall into the high-risk categories are strongly recommended to stay home.	✓	✓	✓	✓

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
After School Activities & Sport Events				
Unmodified After School Activities				



# INTERNATIONAL SCHOOL OF RIGA

After School Activities for each class may take place (classes must remain separated from each other) when led by an ISR staff member	✓			
Outdoor After School Activities for each class may take place (classes must remain separated from each other) when led by an outside provider				
Indoor After School Activities for each class may take place (classes must remain separated from each other) when led by an outside provider				
After school sports training takes place normally				
Competitive inter-school athletic sports competitions take place				

COVID-19 Safety Guidelines* <small>*Will change depending on the current situation.</small>	Early Years	Primary	Middle School	High School
Field Trips - all trips will be subject to Risk Assessment Evaluation as part of planning process				
One day field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	✓			



# INTERNATIONAL SCHOOL OF RIGA

One day field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
Overnight field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
Overnight field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions				
International field trips allowed (other than Lithuania and Estonia) respecting the COVID-19 preventive measures and the ISR field trip planning instructions				
Masks required for staff members and students when on field trips happening indoors	N/A	N/A	N/A	N/A

<b>COVID-19 Safety Guidelines*</b> <small>*Will change depending on the current situation.</small>	<b>Early Years</b>	<b>Primary</b>	<b>Middle School</b>	<b>High School</b>
<b>Events</b>				
Events involving one class and staff members allowed	✓			
Events involving several classes and staff members allowed with				



# INTERNATIONAL SCHOOL OF RIGA

conditions				
Events involving one class, staff members and parents allowed				
Events involving several classes, staff members and parents allowed with conditions				
Events involving visitors allowed				

<b>COVID-19 Safety Guidelines*</b> *Will change depending on the current situation. ** Applies only to G6, G7 and G8 learning online.	Early Years	Primary	Middle School	High School
Communication				
COVID-19 recommendations communicated and explained to students	✓	✓	✓	✓
COVID-19 recommendations communicated and explained to staff members	✓	✓	✓	✓
COVID-19 recommendations communicated and explained to parents/guardians	✓	✓	✓	✓