

Reviewed and Approved - September 14th, 2020

ISR COVID-19 Safety Guidelines

(*Will change depending on current situation.)

This document is based on the recommendation published by the Latvian Ministry of Sciences and Education and the Latvian Prime Minister Cabinet on July 29th, 2020.

Current Learning Model: Model A - FACE-TO-FACE LEARNING

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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Access				
All ISR stakeholders (parents/guardians/staff) have read and understood ISR Covid-19 Safety Guidelines	 ✓ 	1	1	1
Parents/guardians and students (if 18 y.o) are required to complete the ISR Coronavirus Declaration form when starting studies at the school	1	1	1	1
Visitors required to complete the ISR Coronavirus Declaration form				
Parents/guardians are allowed on campus (outdoor) without restrictions				
Parents/guardians are allowed on campus (outdoor), respecting the COVID-19 preventative measures	1	1	1	1
Parents/guardians are allowed on campus (indoor) without restrictions				
Parents/guardians are allowed on campus (indoor) respecting the COVID-19 preventative measures	1			
Parents/guardians allowed on campus (indoor) with school's prior permission respecting the COVID-19 preventative measures	1	1	1	1
If allowed on campus, visitors (including parents/guardians) must fill the ISR building entry register upon arrival	1	1	1	1
Temperature is checked at home before coming to school and	1	1	1	1



must not exceed 37.5C				
Temperature checked upon arrival at school (by the school nurse or designated staff member) and must not exceed 37.5C. Temperature logged in student COVID-19 passport.	1	1	1	1
Compulsory quarantine and/or self-isolation period for anyone arriving from a high-risk area, as deemed by the Latvian Authorities (Follow this link to access the list of countries: https://www.spkc.gov.lv/lv/valstu-saslimstibas-raditaji-ar-covid-19-0)	1	1	1	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Hygiene				
Hand washing/sanitation recommendations explained to and implemented by students (upon arrival, before and after breaks/lunch, after visiting the toilet)	J	1	J	1
Hand washing/sanitation implemented by ISR staff members and visitors	1	1	1	1
Limited sharing of school items	1	1	1	1
Toys from home not permitted	1	1	N/A	N/A
School premises and equipment cleaned and disinfected following the Latvian Authorities' recommendations	1	1	1	1



Sanitation provided by ISR	1	1	1	1
Children wear inside shoes when indoors.	1	1	1	1
Staff members on campus wear changing clothes and inside shoes.	1	1	1	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Face Masks				
Face masks NOT required on campus	1	1	1	1
Face masks required to be worn on public transport - to and from school				
Masks required in all classrooms				
Masks required in some classrooms - where social distancing is not possible				
Masks required in hallways and common areas for students and adults				
Masks required in hallways and common areas for adults only				



Masks required on the school bus (when mixed grades)	1	1	1	1	
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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Distancing				
No distancing measures applied on campus				
Classes may interact with each other				
Classes kept separated from each other	1	√	1	1
Staggered break times	1	1	1	1
Lunch in the classrooms	1	1	1	1
Staggered drop off and pick up times keeping the classes separated from each other	1	1	1	1
Staggered arrival and dismissal times	1	1	1	1
Smaller student assemblies by class	1	1	1	1
Large group student assemblies that include more than one grade level allowed				
Staff members respect physical distancing between each other	1	1	1	1



Parents/guardians respect the 2 meter distancing preventive measure when on campus (outdoor and indoor)	1	1	1	J
No crowding allowed in building common areas, staircases, locker areas and on and around campus	1	√	1	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Facilities				
Coronavirus information posters hung around campus	1	1	1	1
Social distancing lines on floor at entry points	1	1	1	1
Directional posters in hallways and staircases	1	1	1	1
Limited number of students allowed in bathrooms following a schedule (if possible)	1	1	1	1
Different entrances/exits for grade levels (as needed to avoid classes having contact with each other)	1	1	1	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Food				



Lunch eaten in classroom	1	 ✓ 	1	1
Lunch eaten in cafeteria with an unmodified seating plan/timetable				
Lunch eaten in cafeteria with a modified seating plan/timetable				
Snacks brought from home	1	1	1	1
Lunch brought from home - or food provided by ISR	1	1	1	1
Snacks and lunch to be brought in from home - no food provided by ISR				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Playgrounds				
Playground split into zones to avoid contact between the classes	1	1	✓	1
Staggered recess times	1	1	1	1
Students must social distance on the playground				
Normal playtime				



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Classrooms				
Unmodified face-to-face learning for each class (classes must remain separated from each other at all times)	1	1	1	1
Restriction on number of students in each room				
Students staying in one room with teachers moving between classrooms				
Social distancing between students from the same class in the classroom				
Social distancing between staff members (as much as possible)	1	1	1	1
Social distancing (2 meters) between staff members and students (as much as possible)	1	1	1	1

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
High Risk Individual (Healthwise)				
As per local guidelines, individuals who fall into the high-risk categories_are strongly recommended to stay home.	1	1	1	1



COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
After School Activities & Sport Events				
Unmodified After School Activities				
After School Activities for each class may take place (classes must remain separated from each other)	1	1	1	1
After school sports training takes place normally				
Competitive inter-school athletic sports competitions take place				

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Field Trips - all trips will be subject to Risk Assessment Evaluation as part of planning process				
One day field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions	1	J	1	1
One day field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR				



field trip planning instructions		
Overnight field trips in Latvia allowed following the COVID-19 preventive measures and the ISR field trip planning instructions		
Overnight field trips in Estonia and Lithuania allowed following the COVID-19 preventive measures and the ISR field trip planning instructions		
International field trips allowed (other than Lithuania and Estonia) respecting the COVID-19 preventive measures and the ISR field trip planning instructions		

COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Events				
Events involving one class and staff members allowed	1	1	1	1
Events involving several classes and staff members allowed with conditions	1	1	1	1
Events involving one class, staff members and parents allowed				
Events involving several classes, staff members and parents allowed with conditions				



Events involving visitors allowed					
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COVID-19 Safety Guidelines* *Will change depending on the current situation.	Early Years	Primary	Middle School	High School
Communication				
COVID-19 recommendations communicated and explained to students	J	1	1	1
COVID-19 recommendations communicated and explained to staff members	1	1	1	1
COVID-19 recommendations communicated and explained to parents/guardians	1	1	1	√