



We are a respectful, learning-focused community where each student is inspired to achieve his or her potential and to become an ethical, confident and internationally minded citizen of tomorrow.

ISR Teen (Secondary) Summer Day Camp 2020
Week 1 (June 29th - July 3rd)
“Air, Fire, Water, Earth” - four elements that balance our life
Schedule

Time	Monday	Tuesday	Wednesday	Thursday:	Friday
9:00	Arrival	8:45am at Riga Central Train Station	Arrival	Arrival	Arrival
9:00 - 9:30	Camp meeting	Hiking trip Lilaste - Gauja with included team building activities and elements of outdoor life skills Packed lunch	Camp meeting	Camp meeting	Camp meeting
9:30 - 10:45	Rock/wall climbing GANDRS		English Club	Rīgas Laivas - Kayaking	The Drift Hall <i>(drift trikes are suitable for kids taller than 125cm)</i>
10:45 - 11:00			Snack time		
11:00 - 12:45			Drama		
12:45 - 13:30	Lunch & Break		Lunch & Break	Lunch & Break	Lunch & Break
13:30 - 14:30	English Club	Spanish basics	English Club	Arts & Crafts	
14:30 - 15:30	Drama	Sports	Cooking	Yoga	
15:30 - 16:00	Snack time	Snack time	Snack time	Snack time	
16:00 - 17:00	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time



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ISR Teen (Secondary) Summer Day Camp 2020
Week 2 (July 6th - July 10th)
“Impuls and Improvisation”
Schedule

Time	Monday	Tuesday	Wednesday	Thursday:	Friday	
9:00	Arrival	Arrival	Arrival	Arrival	Arrival	
9:00 - 9:30	Camp meeting	Camp meeting	Camp meeting	Camp meeting	Camp meeting	
9:30 - 10:45	Ice breaking games	Hiking trip in Lielupes Grīvas pļavas, Ragakāpa with included team building activities, canoeing and elements of outdoor life skills Packed lunch	Improvisation theatre workshop	Laser Tag Adventure	Science Show with student participation	
10:45 - 11:00	Snack time		Snack time			
11:00 - 12:45	Abstract painting		Arts & Crafts			
12:45 - 13:30	Lunch & Break		Lunch & Break	Lunch & Break		Lunch & Break
13:30 - 14:30	Science		English Club	Science		Science
14:30 - 15:30	Sports	Sports	English Club	Arts & Crafts		
15:30 - 16:00	Snack time		Snack time	Snack time	Snack time	
16:00 - 17:00	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	



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ISR Teen (Secondary) Day Camp 2020
Week 3 (July 13th - July 17th)
“Adventure Trails”
Schedule

Time	Monday	Tuesday	Wednesday	Thursday:	Friday
9:00	Arrival	Arrival	Arrival	Arrival	Arrival
9:00 - 9:30	Camp meeting	Camp meeting	Camp meeting	Camp meeting	Camp meeting
9:30 - 10:45	Ice breaking games	Husky park and forest trails in Garkalne	Beatbox workshop	Hiking trip around Zaķusala with included team building activities and elements of outdoor life skills	Scavenger hunt and outdoor adventures
10:45 - 11:00	Snack time	Packed lunch	Snack time		
11:00 - 12:45	Arts & Crafts		Film/Photography		
12:45 - 13:30	Lunch & Break		Lunch & Break	Packed lunch	Lunch & Break
13:30 - 14:30	English Club		English Club		Arts & Crafts
14:30 - 15:30	Sports		Sports		Cooking
15:30 - 16:00	Snack time		Snack time		Snack time
16:00 - 17:00	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time	Camp meeting/ reflection time