



# INTERNATIONAL SCHOOL OF RIGA

<b>Secondary</b> <b>Arts, Sports, Academics, and Athletics Programme</b> <b>2019/20 1st Trimester</b> <b>(from the 2nd of August to the 29th of November)</b>	
<b>Activity</b> - Age group - Day of the week	<b>Description</b>
<b>Biology Study Help/Group</b> - Grades 9-12 - Monday	The teacher will be available to help students who need extra help in understanding the materials or need extra work to challenge themselves.
<b>Football</b> - Grades 6-12 - Monday & Wednesdays (finishes at 17:00)	Practice football after school and be part of ISR's Team!  We will adapt the training in a way that will be enjoyable and fun for everyone. At the same time, we will prepare the team(s) to represent the school in different tournaments and compete against other international schools.
<b>Creative Writing Club</b> - Grades 6-8 - Monday	Creative Writing Club will give students who enjoy writing poetry and fiction a chance to work on their skills, get feedback, revise and share their writing. Students who like to write or want to try it out should feel free to join.
<b>German Language</b> - Grade 6-12 - Monday and/or Thursday	In this afterschool class, we are going to learn basic German for everyday use. There will be two different groups so you can choose to sign-up for one of them or both if you wish.  You may later use your skills while traveling, watching movies, and communicating with German-speaking people. Willkommen!
<b>Audiovisual Club</b> (90 eur/tri) - Grades 6-12 - Monday	An opportunity to learn more about the magical world of video making. Together with peers create fun and meaningful videos and short films about topics that matter to them! In the AV club, we will cover many topics from camera settings, framing and lighting to meaningful storytelling and intentional footage editing and much more. Expect this to be a team activity where we work together and help each other to learn, create and grow!  <b>Topics covered</b> <ul style="list-style-type: none"> <li>● framing and movement</li> <li>● camera settings</li> </ul>

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	<ul style="list-style-type: none"> <li>• equipment</li> <li>• developing a story</li> <li>• scriptwriting</li> <li>• lighting</li> <li>• sound</li> <li>• editing</li> </ul> <p>+ delve a bit into videography theory and look at different types and branches of videography. We will analyze our own videos as well as online videos and well-known movies to gain inspiration and learn from them.</p>
<p><b>Swimming - Mornings</b> (60 or 120 eur/tri)</p> <ul style="list-style-type: none"> <li>- Grades 6-12</li> <li>- Tuesday and/or Thursday</li> </ul>	<p>This activity runs in the morning, from 07:00 to 08:00 at the Olympic Center!</p> <p>Join our Swimming Squad, participate in Swimming events representing ISR and get your workout done first thing in the morning. We will learn and practice different swimming strokes/styles.</p> <p><i>*This activity takes place twice a week. However, you can go to one of the groups only (60 eur/tri). If you sign up for both you will be charge 120 eur/tri.</i></p>
<p><b>Outdoor fitness</b> (60 or 120 eur/tri)</p> <ul style="list-style-type: none"> <li>- Grades 6-12</li> <li>- Tuesday and/or Thursday</li> </ul>	<p>Are you looking for an alternative to spending hours in a gym? Join Outdoor Fitness Class lead by Latvian ultra-marathoner Didzis Brauns.</p> <p>Jogging, circuit training, boot camp-style workouts. Stay fit and healthy!</p> <p><i>*This activity takes place twice a week. However, you can go to one of the groups only (60 eur/tri). If you sign up for both you will be charge 120 eur/tri.</i></p>
<p><b>Art</b></p> <ul style="list-style-type: none"> <li>- Grades 6-12</li> <li>- Wednesday</li> </ul>	<p>You will be able to do art in different mediums, do artistic experiments or keep working on your technical skills in a certain medium.</p>
<p><b>Model European Parliament (MEP)</b></p> <ul style="list-style-type: none"> <li>- Grades 11-12</li> <li>- Thursday</li> </ul>	<p>Model European Parliament (MEP) is an opportunity to develop leadership, public speaking and knowledge of current affairs through a simulation of the European parliament. Participants will prepare to attend an MEP session in Vienna from 3rd-8th October. There are just 5-6 places available for this ASAA and the trip to Vienna.</p> <p>If you wish to attend both the MEP and MUN ASAAs you have the option to begin with MEP and transfer to MUN in October.</p>



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	<i>It will run till October 2019.</i>
<b>Model United Nations (MUN)</b> <ul style="list-style-type: none"> <li>- Grades 9-12</li> <li>- Thursday</li> </ul>	<p>Model United Nations is an educational simulation in which students can learn about diplomacy, international relations, and the United Nations.</p> <p><i>It will run from October until March 2020.</i></p>
<b>Musical Annie</b> <ul style="list-style-type: none"> <li>- Grades 6-12</li> <li>- Tuesday &amp; Thursday</li> </ul>	<p>This year's musical is Annie, produced by Mr Paterson. Workshop and auditions will be the first week of September. We are looking for lots of students to be involved. Performances at K118 in February.</p>
<b>Standard Mandarin</b> <ul style="list-style-type: none"> <li>- Grades 6-8</li> <li>- Thursday</li> </ul>	<p>As is the case with other varieties of Chinese, standard Mandarin is a tonal language with topic-prominent organization and subject-verb-object word order. It is the most spoken native language worldwide and the world's second most important language for business.</p> <p>Standard Mandarin is written using simplified Chinese characters (plus Hanyu Pinyin romanization for teaching). This ASAA prepares students for Level 1 of the Hanyu Shuiping Kaoshi (汉语水平考试), which is the examination of Chinese language proficiency for non-native speakers.</p> <p>Required books for this class are the HSK Standard Course 1 - Textbook and HSK Standard Course 1 - Workbook by Wang Fang.</p>
<b>Swimming (60 eur/tri)</b> <ul style="list-style-type: none"> <li>- Grades 6-12</li> <li>- Thursday</li> </ul>	<p>This ASAA is for advanced swimmers who want to improve their swimming on an individual schedule. The swim coach will assist and give advice, tips, and tricks!</p> <p>This ASAA will be at the Ķīpsala swimming pool (16:15 - 17:00). As this ASA takes place off-campus, we need to rent the pool facilities and hire a professional instructor. Therefore, this year, swimming will have a cost of 60 euros per trimester/per student. You will be invoiced by the school's office.</p>
<b>Robotics</b> <ul style="list-style-type: none"> <li>- Grades 6-11</li> <li>- Friday</li> </ul>	<p>Robotics is about building the machines of tomorrow. This is a student-led class hosted by Mr. Bazin. Outside advisory comes from Mr. Matīss Brunavs, Chief Executive Officer of Robotic Solutions SIA and Squad Robotics Ltd.</p> <p>Interested students should bring a Windows computer to class. Unfortunately, Chromebooks are not recommended. LEGO Mindstorm robotics kits will be supplied by ISR. Lessons will follow the</p>



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	<p>Ev3lessons template.</p> <p>The aim is to prepare ISR students to compete in the LEGO League.</p>
<b>Golf</b> <ul style="list-style-type: none"><li>- Grades 6-12</li><li>- Friday</li></ul>	<p>Learn the fundamental skills of the full shots, chipping and putting.</p>
<b>IELTS</b> <ul style="list-style-type: none"><li>- Grades 10-11</li><li>- Wednesday</li></ul>	<p>Preparation Course for the International English Language Testing System Test. The score of this test is required for university admission for English non-natives who have not done their education in English for 4 years and more.</p>
<b>Latvian</b> <ul style="list-style-type: none"><li>- Grade 9-12 and Teachers</li><li>- Monday</li></ul>	<p>Come and learn the basics of the Latvian language from zero or improve existing knowledge.</p>