

## K118 WEEKLY LUNCH MENU

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### MONDAY

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-  Potatoes wedges
-  Buckwheat
-  Mixed salad
- Chicken noodle soup
-  Carrot pancakes
- Grilled chicken
- Curd snack
-  Nut or fruit bar



### TUESDAY

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-  Rice
-  Bulgur
-  Mixed salad
- Chicken fillet
- Grilled chicken
-  Veggie casserole
-  Mixed fruit



### WEDNESDAY

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-  Pearl Barley
-  Potatoes
-  Veggie soup
- Meatloaf
-  Pancakes
- Pastry
-  Fruit or nut bar

### THURSDAY

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-  Mashed potatoes
-  Quinoa
-  Mixed salad
- Fish fillet
- Pork fry up
-  Chickpeas with eggplant stew
-  Fruit selection



### FRIDAY

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-  Pasta
  -  Gluten Free pasta
  -  Mixed salad
  - Solyanka
  - Pork sausages
  - Turkey fillet
  -  Quesadilla
  -  Yogurt
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